

## **G2 & G3 Geriatric Medicine Curriculum**

### **CURRICULUM SPECIFIC COMPETENCY OBJECTIVES**

#### **Patient Care**

**Objectives:**

**By the end of the rotation, the resident will:**

- Understand a comprehensive assessment of geriatric patients and perform this assessment
- Perform a physical exam including mini mental status exam/ SLUM
- Consistently use a systematic approach to clinical problem solving and determining therapeutic options for providing compassionate care
- Identify and incorporate prognosis into providing patient centered care
- Incorporate emotional and behavioral factors into the treatment of patients
- Understand the principles of age appropriate preventative health
- Have skills to provide palliative /hospice care to dying patients consistent with goals of care

#### **Medical Knowledge**

**Objectives:**

**By the end of the rotation, the resident will:**

- Demonstrate knowledge of common geriatric diseases including but not limited to the following
  - Principles of geriatric care
  - Dementia/ Delirium/ Depression
  - Substance use disorder, Pain management, Equianalgesic
  - Falls/Syncope
  - Sleep disorders in older patients in PA-LTC environment
  - Incontinence
  - Pressure ulcers and skin disorders
  - End of life issues
- Apply clinical guidelines and evidence-based medicine to these diseases
- Understand polypharmacy and application of AGS BEERS list
- Analyze the knowledge and understanding of the impact of emotional, behavioral, and comorbidities in the well-being of the elderly
- Integrates medical and personal knowledge of patient, family, and community to implement care plans

## **Practice-Based Learning and Improvement**

### **Objectives:**

#### **By the end of the rotation, the resident will:**

- Understand when it is appropriate to consult
- Use self-reflection to incorporate feedback
- Give appropriate feedback to superiors, peers and subordinates
- Role models leadership and optimization of care teams to provide quality, individualized medical care

## **Systems Based Practice**

### **Objectives:**

#### **By the end of the rotation, the resident will:**

- Advocate for ordering cost-effective tests and labs
- Incorporate cost-effective techniques in prescribing medication safely
- Organize and lead multidisciplinary care team meetings such as family conferences
- Formulate a plan for effective patient management when transitioning from one setting to another
- Make timely and appropriate referrals to specialists and allied services
- Appreciate the importance of Advanced Care planning and POLST

## **Professionalism**

### **Objectives:**

#### **By the end of the rotation, the resident will:**

- Consistently incorporate sensitivity to cultural differences into treatment plans
- Apply the patient's perception of illness to appropriate standard of care
- Incorporate patient's preferences when formulating a plan of care
- Vigorously defend a patient's privacy and rights
- Apply the knowledge and understanding of the basic biomedical ethical principles such as autonomy, beneficence, malfeasance, justice and decision making capacity to geriatric patients

## **Interpersonal and Communication Skills**

### **Objectives:**

#### **By the end of the rotation, the resident will:**

- Demonstrate independence and promptness in completing medical records
- Consistently communicate respectfully and effectively with patients and family
- Use interpreters effectively and efficiently
- Model effective communication with consultants, team members and members of the allied health team
- Have skills to conduct family meetings
- Have tools and experience needed while delivering, communicating, and breaking bad news to a patient

## **Educational Resources**

- Family Medicine Residents' Geriatric Nursing Home Guide
- Geriatrics at Your Fingertips
- Web-based resources
  - [www.aafp.org](http://www.aafp.org)
  - [www.amda.com](http://www.amda.com)
  - [www.amricangeriatrics.org](http://www.amricangeriatrics.org)
  - [www.aahpm.org](http://www.aahpm.org)
- App based resources: AAFP, Geriatrics, Epocrates, Opioid, MedCalx